

# SUN CITY CONCERN

## 10 K RUN/ 5 K WALK

### ENTRY FORM

### EVENT INFORMATION

Air temperatures in 70's, Course covers County and urban roads, You will be running and walking in flat terrain. Come enjoy this run/walk.

### THE COURSE:

Run: a great 10 k run course, through country roads, to an urban area. Start and finish at Paloma Valley High School. Great Run for all ages.

Walk: 5 k walk is through urban area. Walk on grass and sidewalks. This is a great beginners walk!

### REGISTRATION

Registration is limited to the first 500 entries. Register by calling 951-679-2374 /951-301-9115, mailing in this form.

Or contacting dlacy@mchsi.com . Fee is \$25.00 adults, \$10.00 student or child. Entry Fees cannot be refunded or transferred. All entries received after October 15th, will not be guaranteed a T-shirt

**All timely registered participants will receive a SCC "Walk for Life" 10 K Run/5 K Walk T-shirt**

### AWARDS

A commemorative award will be presented to the top three finishers in each individual division for men and women. Trophies will be awarded to the top three Runners.

Walkers will receive medals for the top three team finishers and trophies will be awarded for

### AGE GROUP /DIVISIONS

**17 & Under, 18-24, 25-31, 32-37, 38-42, 43-50, 51-60, 60 Plus**

### CONFIRMATION ADDITIONAL INFORMATION & RESULTS

**Our website will be the primary source for race information and will be updated regularly. Confirmation of entry will be posted on our website. Using the website, participants can register on line, confirm their entry , view course maps, check the schedule of events and check results.**

Sun City Concern Inc  
Dedicated to supporting Independent Living with Peace of Mind for those **"at risk"**

First Name \_\_\_\_\_  
Last Name \_\_\_\_\_  
Age on Race Day \_\_\_\_\_ Date of Birth \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Day Phone \_\_\_\_\_  
Email Address \_\_\_\_\_  
Team Name \_\_\_\_\_  
Team Mate #2 \_\_\_\_\_  
Team Mate #3 \_\_\_\_\_  
Team Mate #4 \_\_\_\_\_

### ENTRY FEES:

Individual Adults \$25.00 \$ \_\_\_\_\_  
Individual Children \$10.00 \$ \_\_\_\_\_  
Walk Teams (4) \$40.00/\$10 \$ \_\_\_\_\_  
T-Shirt Size Child S M L  
Adult T-Shirt S M L XL XXL

Mail all checks payable to Sun City Concern, Inc.  
29995 Evans Road, Sun City, Ca. 92586  
*(which is a 501C3 tax deductible charity.)*

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LVER

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**KIWANIS**

RONZE

**SUN CITY ROTARY**

**BOSTON BILLIES  
RESTARUANT**

*Sun City Concern, Inc.  
29995 Evans Road  
Sun City, Ca. 92586*



**10 K RUN/ 5 K WALK  
October 23, 2004**

**Saturday  
Paloma Valley  
High School  
Bradley Road  
Sun City  
7:30 a.m. Check In  
8:00 a.m. Run  
8:30 a.m. Walk**

**Run/ Walk will take place Rain or  
Shine**